

Lesson Plan 2008/09

This form is downloadable from the Quality Improvement page of the College Intranet.

Department: _____ Tutor Name: _____

Course Code: _____ Course Name: _____

Subject / Unit: Study Success Lesson Title: Tutorial 4

Aim:	Improve self motivation and focus
Objectives:	Understand difference between child and adult in terms of self motivation Identify personal indicators of procrastination / distraction Know a variety of strategies to avoid procrastination and focus on work

Date:	Room:	Group Size:
Time:	Level:	
Differentiation to address Class Profile:		
Languages Spoken:		
Special Issues relating to this Class:		
Previous Knowledge:		
Homework to be Returned this Lesson:		
MATERIALS: Handouts: 4A - 1 for 2 learners, 4B - 1 for 2 learners 4C , - 1 for each learner, 4D , - 1 for each learner, 4D - 1 for 2 learners, 4E 1 for each learner, poster making materials for pairs		

Time	Content incl. Key and Functional Skills	What Learners do	What Tutor does incl. Assessment	Resources
10	Warmer – plot habits on sliding scale	Pairs use handout 4A to plot 'habits' on a sliding scale from child to adult	Set task and monitor	Handout: : Study Success Tutorial 4 Handout A
		Pairs give feedback to class	Take feedback Recap previous tutorial and share objectives Ask class – what prevents you from getting on with work?	
10	Case studies	Pairs use handout 4B to read case studies and decide which student is likely to be most successful and why	Set task and monitor	Handout: : Study Success Tutorial 4 Handout B
		Pairs give feedback to class Individuals use handout 4C to get 'answers'	Take feedback Give handout C	Handout: : Study Success Tutorial 4 Handout C
10	Survey	Individuals use handout 4D to complete 'procrastination' survey	Set task and monitor	Handout: : Study Success Tutorial 4 Handout D
		Respond to discussion	Elicit / teach word 'procrastination' if necessary – encourage class discussion: Why do students	

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Time	Content incl. Key and Functional Skills	What Learners do	What Tutor does incl. Assessment	Resources
			procrastinate? How is procrastination a barrier to achievement How can you overcome procrastination?	
25	Overcoming procrastination poster	Pairs use handout 4E to pick 8 useful strategies from list. Make poster with illustrations and examples	Set task and monitor	Handout: : Study Success Tutorial 4 Handout E Poster making materials
5	Summary	Listen	Handout 4F Set homework to learn information for quiz in following tutorial	Handout: : Study Success Tutorial 4 Handout F
Homework: learn information on 4E for quiz in following tutorial				

Individual Learners' Plans for this Lesson

Name	Plan

Review of Lesson	Good	Satisfactory	Needs Change	Comments
Evidence of Learning				
Pacing				
Participation of all Students				
Appropriateness of Level				
Teaching Materials				
Appropriate Teaching Styles				
Students Motivated / Enjoyment in Learning				
Good Learning Environment				
Responsiveness to Students				
Homework Collected				____ out of ____

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Evaluation and Comments: