

Study Success: A typical week

	2300	0000	0100	0200	0300	0400	0500	0600	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	2300
Mon																									
Tue																									
Wed																									
Thu																									
Fri																									
Sat																									
Sun																									

Clean house	Club / party	Cook	Relax	Travel (bus, tube)
Eat	Play computer games	Shop	Sleep	College classes
Spend time with friends	Sport	Watch TV	Work (job)	Other

Study Success: Independent study

In pairs, discuss these questions.

On this course, how many hours do you think you'll have to work on top of the timetabled lessons?

What kind of work do you think this will be?



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Study Success: Types of study

In pairs, fill in the table.

	Type of work expected? ✓ or ✗	Work set by teacher or self? (write teacher or self)
Revise for tests and exams		
Prepare presentations with others		
Look through your notes to understand the lessons		
Research on the internet to understand the topic		
Read library books to understand the topic		
Complete assignments		
Do homework		
Discuss work with friends to help understanding		



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Study Success: How YOU study

Look at these ways of studying. Tick the ones that you prefer.



In the living room at home with family around

At home in silence

In front of the TV at home

In the library on your own

Only at college – never at home

In the library with friends

Discussing the work with friends outside college

Only at home, never at college

Late at night

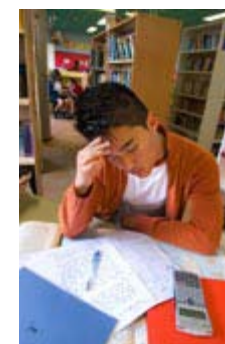
Early in the morning

While doing something else like eating or listening to music



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