

## Study Success: Rules of the game

*Read these rules then play the game:*

### **MATERIALS:**

*Cards face down on table  
1 x Dice  
Pen and paper to keep score*

### **RULES:**

In a group of 3, take turns.

Player 1's turn: someone else in the group takes a card and reads it to player 1 (don't read the scores). Player 1 then guesses the winning answer from the 3 options. He / she then rolls the dice and the card reader tells him/her the score based on the roll of the dice. For example, if player 1 rolls a 1 or a 2 he/she will score 1, 2 or 3 points depending on what the card says. The same if he/she rolls a 3 or 4 or a 5 or 6. Player 1's score is recorded. Player 2 then takes his / her turn.

The first player to reach a score of 35 is the winner.



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**Joel has to do some group work in the library over lunch:**

he keeps an eye on his mobile and gets to class on time **(3pts)**

he walks into class 10 minutes late and starts a conversation with friends **(1pt)**

he's 5 minutes late for class but apologises **(2pts)**

**Daniel's got a long way to come to college from home:**

he leaves when he can but is sometimes late **(2pts)**

the clock in his house broke 3 months ago and he hasn't replaced it yet **(1pt)**

he knows how long the journey takes and leaves home on time **(3pts)**

**Erika's alarm clock:**

she doesn't have one **(1pt)**

she keeps it far away from her bed so she has to get up to switch it off **(3pts)**

she normally remembers to set it **(2pts)**

**Anh Tuan's sleep:**

he has 2 or 3 late nights a week but knows how much sleep he needs **(2pts)**

he knows he needs 7 hrs sleep so goes to bed at 12.30 **(3pts)**

he stays up late every night drinking

**Nicola has problems being late in the mornings because of her big family:**

she uses the bathroom whenever it's free **(1pt)**

she mostly tries to wake up before all her brothers and sisters **(2pts)**

her and her family have arranged times for each person to use the bathroom in the morning **(3 pts)**

**Nicola's got an appointment during an important week at college:**

she informs the tutor by phone the day before **(2pts)**

she misses the class and hopes the teacher won't notice **(1pt)**

she tries to rearrange the appointment first **(3pts)**

**Anh Tuan's boss asks him to work extra:**

he sometimes says 'yes' and sometimes 'no' depending on how he feels **(2pts)**

he works whenever his boss asks, even during college time **(1pt)**

he's told his boss about his college and agrees to do the occasional shift only when his boss is desperate **(3pts)**

**Erika's bored with her course:**

she attends for 2 more weeks then sees her tutor for advice **(3pts)**

she changes her course **(2pts)**

she keeps skipping class and hopes it'll get more interesting **(1pt)**

**Nicola's found out she's pregnant:**

she makes an appointment with a student advisor to find out her options **(3pts)**

she ignores the problem **(1pt)**

she drops out to have the baby **(2 pts)**

**Joel misses a lot of class because he has to take his sister to hospital every week:**

he continues missing classes **(1pt)**

he explains the problem to his tutor and asks her to give the work to a friend **(3pts)**

he phones his tutor before he misses each class **(2pts)**



### Daniel's got a really busy life:

he knows when he has time to study and always works in the same place and time each week **(3pts)**

he tries to fit it in whenever he can **(2pts)**

he tries to work in his free time but often gets sidetracked **(1pt)**

### When Anh Tuan doesn't understand:

he asks the tutor **(3pts)**

he asks a friend **(2pts)**

he ignores it **(1pt)**

### Pat's course file:

doesn't exist – he keeps the course notes under his bed or in the bin **(1pt)**

is in date order and each page is titled and dated – he always takes the file to college **(3pts)**

mostly complete – he usually remembers to file his course notes at the end of each week **(2pts)**

### Erika's class notes:

she brings to class a folder where she keeps the materials from the tutor and a pad for writing notes **(3pts)**

she has a folder which she leaves at home – she puts everything in a bag and files it at home **(2pts)**

she keeps her class materials and notes in her pocket **(1pt)**

### Joel finds it hard to get started on an assignment:

he finds something else more interesting to do instead **(1pt)**

he sets his alarm clock and will work for an hour after which he'll phone his girlfriend for a quick chat **(3pts)**

he will start it, but just not now **(2pts)**

### Pat's got loads of different projects to do at the same time:

he panics and goes out with friends to forget about it **(1pt)**

he puts it all in order of priority and decides when he's going to do each part **(3pts)**

he starts with the easiest – he can face the hard things later **(2pts)**

### Joel's got a massive project to do and doesn't know where to start:

he asks his teacher how to start **(2pts)**

he complains to his friends **(1pt)**

on paper, he breaks the project down into little bits and decides when he's going to do each part **(3pts)**

### Pat knows that he's a kinaesthetic learner:

he tries to listen and communicate with his friends to learn **(0pts)**

he tries to study in an active way **(3pts)**

he uses pictures, charts and colours to learn **(0pts)**

### Nicola's got a lot of different assignments as well as home and work commitments:

she sometimes remembers to write down her deadlines **(2pts)**

she tries to remember everything she has to do **(1pt)**

she writes a 'to do' list and plans her week using a diary **(3pts)**

### Joel's really stressed because he thinks he's going to fail his course:

he crams all night before the exam **(2pts)**

he decides it's not worth studying **(1pt)**

he makes a revision plan which gives him some relaxation time **(3pts)**



## Study Success: Achieving your goals 2

### Study skills

12. Do you keep all your class work in your course file (titled and in date order)?

Yes

No

13. Do you use a diary to write down homework and deadlines?

Yes

No

14. If you have a big assignment or an exam to revise for, do you plan when and how you're going to do all the work before you start?

Yes

No

Look at your answers. Where you've answered 'NO' this is where you need to improve. Choose **THREE** of the most important things and write them here. These are your **TARGETS**

1

2

3

For each target you wrote above, think about **WHY** it's a problem. **HOW** can you overcome this problem? Write down what you can do to achieve each target.

1

2

3